South Asia
Culture Kit
Nepal
32. Brass Cups (2)

Name in Nepali: गिलास (Gilas)

These are the type of drinking glasses are very common in Nepal. They are especially a favorite for drinking hot liquids (such as tea) and it tends to keep the liquids warmer for a longer amount of time.
33. Brass Saucepan

Name in Nepali: ताप्के (Tapkey)

This tapkey, or a saucepan with handle, is made of brass and can be found in all the kitchens in Nepal. It is used primarily to make dal and other curried vegetables.
34. Brass Plates (2)

Name in Nepali: थाल (Thal)

Types of plates used in Nepal which are made out of brass (like many of the other utensils). These are used both as a serving as a well as eating tool.
35. **Lunch Box**

Tiffin is made of round stainless steel containers with lid that can be stacked together. These come in various sizes, but the normal ones contain either two or three of the stainless steel containers. School children can be seen using this tiffin to carry their lunches.
36. Tumpline

Name in Nepali: नाम्लो (Namlo)

Namlo features a plaited rope along with a flat surface that is decorated in many ways (in pink and blue in this case). Namlo is used to carry baskets on the back by tying the baskets with the plaited ropes and by placing the flat section on the back of your head. This method of carrying baskets (dokos) utilizes one’s spine rather than the shoulders (as in regular backpacks) to carry the load.

Source: http://en.wikipedia.org/wiki/Tumpline
Name in Nepali: पन्याउ (Panyau)

Panyau is a flat, round spatula which is made out of brass. It is used as a stirring device and also used to revice rice.
Pujathali is used to carry offerings, such as flowers and incense, to the puja kotha (room dedicated in each house as a worship room) and even to the temple. Often times these plates are made of silver as it is considered to be the purest of the materials.
39. **Coarse Cotton Vest**

**Name in Nepali:** इष्टकोट (Istakot)

Istakot is the type of vest worn by boys over their other clothing. It is part of the national dress for the men in Nepal and is often worn above daura surwal (the national dress for men in Nepal).
40. **Carrying Basket**

**Name in Nepali:** डालो (Dalo)

Dalo is the type of carrying basket that is used in rural areas. Namlo is used to carry these baskets on the head. They can be used to carry farming materials and farming products or any other type of weight.
41. Grain Holding Basket

Special type of baskets that are made by the Sherpas in the highlands of Nepal. These baskets are made from bamboo and are used to grains or any small objects.
42. **Boy’s Long Shirt (Green)**

Name in Nepali: दौरा (Daura)

Daura is the boy’s shirt which is part of the national dress for men in Nepal. It is worn by first tying the two inside ties and then the two outside ties. It can be made of woolen or cotton fabrics depending on the cool or the warm weather. It is worn mostly by politicians and other important figures in the nation at day-to-day basis.
43. Boy’s Long Shirt/Coat (Black)

Name in Nepali: चुबा (Chhuba)

Chuba is the type of coat/shirt worn by boys and men in the highlands of Nepal (Sherpas and Tibetans). They are designed to keep the person wearing them warm and comfortable.
44. Girl’s Long Shirt/Coat (Brown)

Name in Nepali: बरखु (Bakhu)

Bakhu is the type of coat worn by females in the highland of Nepal (mostly Sherpas and Tibetans). They are meant to keep the wearer warm and comfortable.
45. Boy’s Outfits (4 Sets – 3 White, 1 Grey, 1 Tan)

Name in Nepali: दौरा-सुरुवाल (Daura Suruwal)

This is the national dress for male in Nepal. The outfit consists of a long shirt which has ties both on the inside and the outside to tie it. This is known as the daura part of the outfit. The pants are called suruwal and it is also tied on the waist using the tie that comes as a part of it. This outfit is only worn by politicians and other important figures in the office area. It can also be seen being worn by boys in the mid-hills and low mountains.
46. Boy’s Long Shirt with Vest (Blue)

Name in Nepali: दौरा र इस्टकोट (Daura and Istatok)

A more decorated version of daura (boy’s shirt) paired along with a istakot (a vest). The decorated daura makes this combination less formal and is typically not worn in an office environment. But, it can be seen being worn by males in the mid-hills and low mountain areas.
47. Boy’s Outfit with Vest (Red)

Name in Nepali: दौरा-सुरुवाल र इस्टकोट (Daura-Suruwal and Istakot)

This outfit shows the full Nepali national dress for men (minus the Dhaka topi). The decorations on both the daura-suruwal as well as the istakot makes this combination very informal. Formal versions of this outfit would feature a plain lighter color of daura-suruwal paired with a plain, darker colored isakot with a decorated dhaka topi.
48. **Red and Black Vest (Bhutanese)**

Name in Nepali: इष्टकोट (Istakot)

Istakot is the vest that is worn by boy and men over their clothing (typically over daura-suruwal). This particular istakot is actually made from wool and in order to keep the wearer warm. This originated in Bhutan which is located on the North-East side of Nepal.
49. Girl’s Outfit: Rose Lined Cotton Top and Pants with Red Thin Cotton Shawl

Name in Nepali: कुर्ता र खाष्टो (Kurtha and Khasto)

This type of outfit is worn by girls in the mid-hills and low mountainous regions. It is more popular for the younger girls to wear this rather than the older girls as the older girls tend to wear phariyaas (skirts) and saris more often.
50. Highland Girl’s Outfit including Jumper, Apron, and Cream Silk Blouse

Name in Nepali: बरखु (Bakhu)

This type of outfit is typically worn by girls in the high mountainous region. The outfit consists of a silk blouse which is worn underneath bakhu (the jumper). The outfit also consists of a decorated apron which is worn outside the bakhu.
51. Girl’s Traditional Blouses (3)

Name in Nepali: चोलो (Cholo)

These are the typical girl’s blouses that can be worn over phariyaas or over cholis. Younger girls also wear the cholis with a matching suruwal (pants). These cholis can come in different thickness, depending on the weather and the location. They can also be worn underneath school uniform or other clothing to layer the clothing and avoid cold weather.
52. Red Petticoat

Name in Nepali: पेटिकोट (Petikot)

Petikots are typically worn by girls under their clothing to keep warm and to provide extra layers. They are always worn underneath saris but can also be worn under skirts.
53. **Boy’s Outfit with Waistband Cloth**

Along with the daura and the suruwal, this outfit also features a waistband cloth which is worn on the waist above the daura and suruwal. This particular outfit is also padded which is meant to be worn in the cold season or in mountaineous locations.
54. White Cotton Shawl

Name in Nepali: खाष्टो (Kasthu)

This is a type of cotton typically worn by women over their other clothing. It covers up the entire top half of the body and also covers up the hand as well as the head and ear, if worn as so.
55. Thin Cotton Waistband

 patrols \text{(Patuka)}

This over-clothing patuka can be worn both by males and females. Males typically wear it over daura-suruwal while females wear it over their choli-phariyaa. It is meant to keep the outfit in place and also as a decorative touch.
Churas are bangles made out of glass or plastic which come in various sizes and colors. They are typically worn by married women on a day-to-day basis along with saris. However, on special occasions such as during festivals or parties, they can be seen on hands of girls of any age.
57. “Flower” Earrings

Name in Nepali: दुःखी (Dhungri)

These earrings are round in shape and pounded into a rose-like shape. They are either made out of real gold and rubies or painted the golden yellow color with colorful stones. Until regular earrings which are worn on the earlobes, Dhungris are worn right in the middle of the main part of the ear.
58. Combs (2)

Name in Nepali: कैयो (Kaiyo)

These combs are special combs made out of bamboo which are held together using the white threads. These are especially used to comb out lice.
This special type of necklace is made of pothe (small seed beads). Pothe malas are worn by all married women in Nepal although they tend to be a simple, one layer and longer version of the necklace without any ornament in between. This particular type of pothe mala which contains many layers of a single pothe mala also has a single beaten cylinder as an ornament in the middle of the necklace. This type of necklaces are worn during parties and any formal events.
60. **Miniature Open-Weave Carrying Basket**

Name in Nepali: दोको (Doko)

This is a miniature version of the large carrying baskets known as dalo. Dalos are used to carry objects like fodder and water jugs whereas the tight-weave of these baskets are used to carry grains and crops.
61. Small Wooden Jug with Lid

This is a miniature version of the kind of jug where yogurt is made. After the cattle are milked, their milk is turned into yogurt using this jug. Later, the yogurt can also be churned into butter.
These masks are used during religious festivals while performing religious dances. Surya God (Sun God) represents the sun and is an important figure for farmers and for people in agriculture. Bhairav (Fierce Protector God) can be seen in many different avatars and he protects temples, houses, and the Nepali way of life.